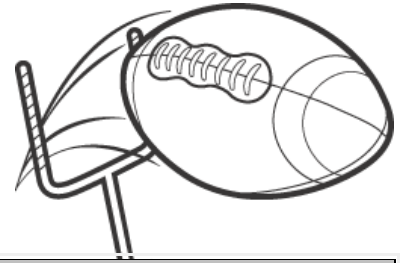


# Southwestern Illinois Youth Football Conference

## *Ages, Weights, and Divisions*

Find the division for your child's age as of September 1, 2010.



DIVISION	AGES (Yrs. Old)	WEIGHT (lbs)	POSITION	PLAY DOWN RULES
<b>FRESHMEN</b>	6 & 7	70 & under	Any Position	
	6 & 7	71+	Lineman Position	
	8	55 & under	Any Position	8 yr olds - 55lbs or under may play Freshman division
<b>SOPHOMORE</b>	8 & 9	90 & under	Any Position	
	8 & 9	91+	Lineman Position	
	10	70 & under	Any Position	10 yr olds – 70 lbs or under may play Sophomore division
<b>JR VARSITY</b>	10 & 11	110 & under	Any Position	
	10 & 11	111 +	Lineman Position	
	12	90 & under	Any Position	12 yr olds – 90 lbs or under may play Jr. Varsity division
<b>VARSITY</b>	12, 13 & 14	140 lbs & under*	Any position	
	12, 13 & 14	141 lbs*+	Lineman Position	*the restriction weight for the Varsity division is still under review. There is a possibility it will be heavier.